



## **Health & Safety Policy**

Junior Sport Stars recognise that they have a duty of care to all people participating on any of our courses, including children, parents and staff.

**Staff:** All Junior Sport Stars' staff are first aid trained and have attended courses on safeguarding children and hold appropriate accreditations through National Governing Bodies for the activity/sport they are delivering.

**Risk Assessments:** Junior Sport Stars also recognise that there is an element of risk involved in any Sport and will take precautionary measures to ensure the safety of all participants. All equipment is thoroughly checked prior to each session and before each use. The coaching staff will reduce risk by explaining and demonstrating best practice and the safe way to play and will enforce rules during play.

Junior Sport Stars' staff will take measurable steps in securing and maintaining the health and safety of all people involved in the course. A full risk assessment is undertaken before each session, and the relevant forms completed. Any potential hazards are recorded, and necessary steps are taken to remove and/or reduce the potential hazard.

Staff are made aware of any medical conditions/ special requirements, which are highlighted on the register, prior to the arrival of the children. Medication that is to be administered is recorded using the 'medication record' and 'medication consent' form.

All children are always supervised by Junior Sport Stars' staff. The correct ratios of staff: children are followed. The only time they are unsupervised is in the toilets, whereby a member of staff will wait outside/nearby.

All Junior Sport Stars' staff are aware of the fire/emergency evacuation procedures for each site.

All visitors to the site are to be approached by Junior Sport Stars' staff as to the reasons for their visit and our 'visitor policy' is followed.

**Activity Camps:** Each morning, during the introduction, the children are given a quick tour of the site, highlighting the toilets, emergency exits and water stations. Rules and expectations and 'key workers' are outlined and made clear to all the children.

**Accidents/Incidents:** In the event of an accident or incident the Head Coach will administer first aid and complete an accident/incident form or a bumped head form if they have banged their head. This will be given to the Child's Parent/ Guardian upon collection and the Head Coach will explain what has happened. This will be logged in the accident book.

In cases of serious accidents/ incidents the Head Coach will take appropriate action and follow our first aid procedure. Emergency services may be called, and Parents/ Guardians are notified immediately.

**Date reviewed: 30/7/2025**

**Reviewed by: Ant McDonald & Rick Barron**

**To be reviewed by: 30/7/ 2026**